

Foundations Lesson #9

Joy, Peace, Patience

In writing to the churches in Galatia, the apostle Paul says, “But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law” (Galatians 5:22-23). This fruit, or evidence, of the Holy Spirit's presence in our lives must be developed and grown so that we will continue to mature in the Lord.

I. joy

- rejoicing always – I Thessalonians 5:16 / Romans 14:17 / Philippians 4:4
- rejoicing in trials – James 1:2 / Matthew 5:11-12 / Habakkuk 3:17-18
- joy being a result of having good eyesight – Matthew 6:22-23
- rejoicing because of the right perspective – Luke 10:20 / Hebrews 12:2 / I Peter 4:13
- rejoicing in what trials are producing – II Corinthians 4:17-18 / II Corinthians 12:9-10 / James 1:2-4 / Romans 5:3-5
- joy coming from loving righteousness – Hebrews 1:9
- joy making us stronger – Nehemiah 8:10b

II. peace

- peace: provided by the Lord
 - Romans 8:6 / Colossians 3:15 / Isaiah 53:5
- peace: a state of rest, quietness, and calm (It has nothing to do with our circumstances.)
 - John 16:33 / John 14:27 / Philippians 4:6-7 / Psalm 3:6
- Peace comes from trusting God.
 - Isaiah 26:3 / Romans 15:13
- Matthew 5:9, 6:25-34 / Romans 12:18 / Psalm 37:1 / Hebrews 12:11 / Romans 14:17

III. patience

- patience: waiting in a state of being satisfied and content
 - Philippians 2:14 / Proverbs 20:22 / Philippians 4:11-13
- Patience is a by-product of having a strong conviction that God's timing is best.
 - Ecclesiastes 3:1, 11 / Psalm 27:14 / Isaiah 30:18
- God is extraordinarily patient.
 - II Peter 3:9 / Romans 2:4 / I Timothy 1:16
- blessings of having patience
 - Proverbs 14:29 / Proverbs 15:18 / Proverbs 16:32 / Proverbs 25:15 / Hebrews 6:12
- Psalm 37:7 / Psalm 40:1 / Romans 12:12 / Ephesians 4:2 / I Thessalonians 5:14