

Foundations Lesson #10

The Remaining Fruit of the Spirit

In writing to the churches in Galatia, the apostle Paul says, "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law" (Galatians 5:22-23). This fruit, or evidence, of the Holy Spirit's presence in our lives must be developed and grown so that we will continue to mature in the Lord.

I. love (covered in lesson #8)

II. joy (covered in lesson #9)

III. Peace (covered in lesson #9)

IV. patience (covered in lesson #9)

V. kindness

- the quality of being pleasant and considerate, friendly, benevolent
From the original Greek, this word describes the ability to act for the welfare of those taxing your patience.
- the kindness of God
 - Romans 2:4 / Genesis 39:21-22 / Exodus 1:20-21 / Luke 6:35 / Acts 14:17
- the need for us to show kindness
 - Ephesians 4:32 / Colossians 3:12 / I Thessalonians 5:15

VI. goodness

- the quality of being good (as opposed to being bad), virtuous, honest, reliable, pure
From the original Greek, this rare word combines the ideas of being good and doing good.
- the goodness of God
 - Psalm 34:8, 100:5, 106:1, 27:13, 23:6, 116:12, 145:7 / Acts 10:38
- God wanting his children to be good and to do good
 - Romans 12:21 / Matthew 5:14-16 / Ephesians 2:10 / Matthew 12:35 / Colossians 1:10

VII. faithfulness

- the quality of being reliable, dependable, trustworthy
- the faithfulness of God
 - Hebrews 10:23 / Exodus 34:6 / Psalm 100:5 / I Corinthians 1:9 / I Corinthians 10:13
- the need for us to be faithful
 - Matthew 23:23 / Revelation 2:10 / Joshua 24:14 / Revelation 13:10 / Proverbs 20:6
- being faithful to: God / spouse / family / employers / financial obligations / etc.

VIII. gentleness

- mild, tranquil, soft, tender; not harsh, rough, forceful, overbearing or domineering
From the original Greek, this word denotes power or strength under control. A person who had this quality would pardon injuries, correct their own faults, and rule their own spirit well.
- gentleness and boldness contrasted – Acts 4:29-31
- the gentleness of the Lord
 - Matthew 12:20 / Matthew 11:28-30 / Isaiah 40:11 / Matthew 21:5
- the need for us to be gentle
 - II Timothy 2:25-6 / Philippians 4:5 / Colossians 3:12 / I Timothy 6:11 / Ephesians 4:2

IX. self-control

- control of one's own emotions, desires, actions, etc.
From the original Greek, this word was used by ancient Stoics to define a person who had the ability to restrain himself when tempted by evil pleasures.
- the need for us to be self-controlled
 - Proverbs 25:28 / Titus 2:11-12 / I Peter 5:8-9 / II Peter 1:5-6 / Matthew 23:25
- It's wonderful to exercise self-control, but it should never be the ultimate goal. We can, and need to, trust God to become so dead to self and so full of the Lord that self-control is not even needed. Let's never be satisfied until the work is **fully** done.
- “Self-control is not the ability to say no to a thousand other voices. It's the ability to say yes to the one voice so completely that there's nothing left to give to the other options.”
- Bill Johnson